



# SAMPLE MENU

## Breakfast

### Continental Breakfast served daily

Selection of cereals & porridge  
Toast and condiments  
Yoghurt, fruit and prunes  
Tomato and slided cheese available  
Selection of fruit juice  
Coffee & tea

### Hot Breakfast served also in addition (selected days)

*Examples of hot breakfast include:*

Bacon and eggs  
Herb and cheese tomato with hash brown  
Asparagus with Hollandaise sauce

## Morning Tea

Homemade muffin OR  
Specialty cake served  
Served with tea or coffee

## Lunch

Beef Dianne OR  
Steamed fish with parsley sauce  
Serviced with seasonal vegetables  
Creme caramel with berry coulis

## Afternoon Tea

Assorted biscuits and fresh fruit selection  
Coffee & tea

## Dinner

Soup of the day followed by  
Crumbed chicken fillet with mashed potato,  
and gravy OR  
Selection of fresh cut sandwiches OR  
Salad of the day