

28 January 2021

## Anglican Care Advice to Home Care Consumers – COVID-19 Update

Dear Consumers

As we continue to manage the risks associated with the ongoing COVID-19 pandemic into 2021, I thought it was timely to check in with you regarding various matters. As we witnessed over the Christmas and New Year period, we all need to continue to remain vigilant to minimise the spread of COVID-19 throughout the community. Anglican Care monitors risks on an ongoing basis and has the appropriate infection prevention and control measures in place so it is safe for you to continue to receive the care and support you need. The latest COVID-19 case locations and alerts in NSW can be viewed at: <https://www.health.nsw.gov.au/Infectious/covid-19/Pages/case-locations-and-alerts.aspx>

As part of our commitment to keeping you safe and well, our staff will continue to wear a surgical mask during home visits. It is mandatory for all staff across NSW to wear a surgical mask at all times. Following the advice of the Department of Health we will continue to exclude staff who:

- have a fever (37.5°C or higher) or any symptoms consistent with COVID-19 infection, even if mild. Symptoms of COVID-19 include fever, cough, sore throat, shortness of breath (difficulty breathing), runny nose, loss of taste or loss of smell. Other reported symptoms of COVID-19 include fatigue, acute blocked nose (congestion), muscle pain, joint pain, headache, diarrhoea, nausea, vomiting and loss of appetite.
- during the last 14 days have been:
  - a close contact of a person confirmed with COVID-19 and are within their self-isolation period.
  - living in a household with a person who is a close contact or is otherwise currently self-isolating.
  - to any of the locations on the [close contact](#) or [casual contact](#) list at the times and dates listed.
  - to any [contact tracing locations of interest](#) in New Zealand.
  - are waiting for a COVID-19 test result.

We also urge you to continue the key strategies that we have previously communicated to you as follows:

- **Meet outside** where possible, avoid crowded areas.
- **Minimise the number of guests in your home to 10 people.** NSW Health have relaxed restrictions to enable up to 50 guests in your home, they are recommending that people in the high risk category (i.e. those aged over 70 or those with pre-existing medical conditions) limit this to no more than 10 people.
- Continue to **maintain your visitor register** for anyone entering your home. These records are utilised for the purposes of tracing COVID-19 infections.
- Continue to follow the COVID-19 safety recommendations – **wash your hands regularly, maintain 1.5m physical distancing and apply a mask** in any situation where physical distancing is not possible

Please do not hesitate to contact your Care Advisor or Manager if you have any questions or concerns. Alternative you can contact me directly on (02) 4958 0087 or via email [chrisgiles@anglicancare.com.au](mailto:chrisgiles@anglicancare.com.au)

Kind regards



Chris Giles

**General Manager Community Care Services**