

7 January 2021

## **Anglican Care Advice to Residents, Families & Friends – COVID-19 Update**

Dear Residents, families and friends,

Further to my correspondence to you dated 30 December, I have a further update regarding visitation to our residential aged care homes as provided by NSW Health  
<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/racf-latest-advice.aspx>

### **Visitation**

There have been some further changes to visitation effective immediately. Until further notice, visitors residing in the great metropolitan Sydney region are now able to visit unless they have recently visited or reside in Northern Area of the Northern Beaches, City of Wollongong, Cumberland City Council or the Canterbury Ward of Canterbury Bankstown Council. These areas are likely to change as areas of increased testing change. If you are travelling long distances to visit a facility, please phone the facility prior to confirm visiting availability to avoid disappointment.

Warnervale Gardens will recommence visitation from tomorrow, 8<sup>th</sup> January 2021. Visitation is from 9am – 12pm & 1pm – 5pm 7 days a week.

There has now been restrictions placed on the number of visitors per resident. From tomorrow, 8<sup>th</sup> January, 2021, **each residents may have a maximum of two visitors each day**. If a resident has already received two visitors, any additional visitors will not be able to enter the facility. There are limited exceptions for those who provide essential care and support and for compassionate grounds.

Other key points from the NSW Health advice are to:

Exclude employees or visitors who:

- Have a fever (37.5°C or higher) or any symptoms consistent with COVID-19 infection, even if mild. Symptoms of COVID-19 include fever, cough, headache, fatigue, runny nose, sore throat, shortness of breath, and loss of taste or loss of smell. Other reported symptoms of COVID-19 include muscle pain, joint pain, diarrhoea, nausea/vomiting, loss of appetite and acute blocked nose congestion.
- During the last 14 days have been:
  - A close contact of a person confirmed with COVID-19 and are within their self-isolation period
  - Living in a household with a person who is a close contact or otherwise is currently self-isolating
  - In any of the latest COVID-19 locations in NSW at the times and dates listed, excluding the monitor for symptoms list

As we have experienced this week, we do need to be aware that visitation requirements could change or need to be revised again dependent on the COVID-19 situation within the community i.e. if there is an increased number of cases.

### **Social Outings**

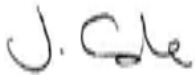
Residents are able to leave the facility to attend family gatherings of fewer than 5 people, if there will be no persons at the event that during the last 14 days have been:

- Residents Northern Area of the Northern Beaches, City of Wollongong, Cumberland City Council or the Canterbury Ward of Canterbury Bankstown Council.
- A close contact of a person confirmed with COVID-19 and are within their self-isolation period

- In any of the locations listed on the have been to any of the latest COVID-19 locations in NSW at the times and dates listed, excluding the monitor for symptoms list
- Living in a household with a person who is a close contact or otherwise currently self-isolating

We will continue to keep you updated with any changes as they occur. If you have any concerns or queries, please contact your Residential Care Manager or Janean Cole (General Manager Residential Care Services) via email [janeancole@anglicancare.com.au](mailto:janeancole@anglicancare.com.au)

Kind regards,

A handwritten signature in black ink that reads 'J. Cole'.

Janean Cole  
**General Manager Residential Care Services**

