

# HOW TO BECOME A VOLUNTEER

## *A guide to joining our invaluable team*

We are always looking for more wonderful volunteers to join our dedicated team who play a vital role in supporting the seniors we provide care and services to.

### ABOUT US

Anglican Care is an innovative community and aged care provider. We've been operating since 1956 and have an outstanding reputation for the quality of care provided by our skilled and caring employees. As the aged care ministry of the Anglican Church of Newcastle, we are a highly respected not-for-profit organisation operating aged care services throughout the Hunter, Central Coast and Mid Coast regions. We're about as local as you can get.

While our focus and presence is local, many of our innovative ideas and programs have contributed towards improving the standards of aged care services nationally.

### OUR VOLUNTEER PROGRAM

Without volunteers, many of the additional services and new friendships we are able to offer at Anglican Care would be impossible. Self worth, great fun and friendships can all be part of getting involved with our wonderful employees, residents and consumers.

Volunteering may be an outlet for your natural talents, a way to gain insight into the world from our older residents and consumers, or simply a way to meet new friends. Your assistance with our programs can provide more opportunity to increase socialisation for our residents and consumers and enhance their lives.

To become a volunteer all you need is:

- ✔ Some spare time during the week.
- ✔ A good sense of humour and a desire to spend time with and increase the quality of life for our residents and consumers.

We like to support our volunteers and hold regular team meetings and provide ongoing education.

### WAYS YOU CAN BECOME INVOLVED

There are many different ways you can make a huge difference in someone's life simply by providing companionship, sharing your life experiences or passing on your skills.

Some of the ways our team provide support is by:

- Spending individual or group time with our residents or consumers.
- Visiting people in the community who we provide services to.
- Becoming part of our Auxiliary - Hunter or Mid Coast.
- Providing entertainment, playing an instrument or assisting with a sing-a-long.
- Playing games such as Bingo, Cards or Housie etc.
- Reading a newspaper, book or poetry to a resident or consumer.
- Assisting with writing letters, craft activities, computers and iPads or simply have a chat.
- Assisting during an outing or function such as our annual Sensational Seniors Olympics.

You may even have a hobby or skill that you would like to have added to our lifestyle & wellbeing program, simply let us know. Remembering the days and times you volunteer are based on what suits you.

### HOW TO BECOME A VOLUNTEER

If you are interested in volunteering we would love to hear from you. Simply call our Volunteer Team on (02) 4958 0078 or visit the volunteer section of our website (*via our Careers page*).